Kids Bike Life

Help for Parents and Carers



Are your kids getting into cycling? We can help you get out there with them!

We can offer you:

- a free adult size bike
- learn to ride lessons
- group rides to build your confidence

You don't need to have any experience. Wherever you're at, we can help you to share the joy of cycling with the kids you care for.

There's still time to get started before the Christmas holidays- just scan the QR code below!



Scan the QR code to register interest

Kids Bike Life is a programme by The Bike Station encouraging young people & their adults to cycle. Get in touch directly at Communities@TheBikeStation.org.uk.

We are a registered charity (SC033703) in Scotland