NSPCC

Parent/carer resources available on NSPCC websites

Parent/carer resources	NSPCC website link
Support for parents/carers Parenting can be rewarding, but it can also be challenging. We've got parenting tips for all stages of your child's life, as well as advice on how to deal with difficult situations.	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/
Activities for kids at home Keep busy while learning about staying safe and speaking out with our at-home activities for primary school children. New books/fun crafts available from the NSPCC shop.	www.nspcc.org.uk/activities https://shop.nspcc.org.uk/collections/books https://shop.nspcc.org.uk/collections/things-to-do-at-home
Keeping Children Safe online Visit our online safety webpage for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more. You will also find online safety information for families of children who have additional needs and disabilities. We have worked with Ambitious about Autism and parents and carers who have children who have additional needs and disabilities to create activities to help talk about online safety.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/ Online safety for families and children with SEND How to support children with SEND with talking to people online Supporting online wellbeing for children with SEND Included in the above pages are links to activities to help talk about online safety with this specific audience.
Keeping Children Safe Online blog Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.	www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog
Keeping Children Safe Online workshop A virtual workshop providing parents and carers with information about how to support their child in their online world. The 40-minute pre-recorded presentation covers topics such as online bullying, mental health, and social media, as well as signposting to resources and organisations for help and support.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/
Talking PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. You can find out more and download the free resources on our website. Penguin and Ladybird have partnered with the NSPCC to create a Pantosaurus book aimed at children aged 4 - 8. The NSPCC has also partnered with a range of charities to help you talk to your child about the PANTS rules. There are a range of PANTS guides available from our website including guides for	www.nspcc.org.uk/pants You can find copies of the book on sale at https://shop.nspcc.org.uk/ or in Matalan's selected stores. All profits from the sale of this book will support the NSPCC. nspcc.org.uk/pantsguides

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children with learning disabilities or autism and a BSL video for deaf children. You can download the guide that's right for you from our website, watch our Makaton or BSL Talk PANTS films and download free prompt cards to help you talk PANTS with Makaton.	
Childline Childline has a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. The Childline website has an accessibility tool too, you can find out about it by clicking on the accessibility link in the Get Support menu. Children can use it to: • Read the website out to them • Change the text size and font • Change webpages to just text only • Add a mask or ruler to help them focus on just part of the page • Magnify parts of the webpage • Translate the website in to over 120 languages	www.childline.org.uk/kids
NSPCC Videos for parents: **You can also find a variety of NSPCC videos on YouTube, including the selection below which you may find helpful.**	
Infant Mental Health with NSPCC: **Look Say Sing Play** Right from birth, every time you talk, sing or play with your baby, you're not just bonding, you're building their brain. **Singing Day | Look Say Sing Play | NSPCC** **Our Brain's Air Traffic Control (Executive Function) | NSPCC** **Building Strong Brain Architecture | NSPCC**	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/ https://www.youtube.com/watch?v=KySkBRvJxNw Our Brain's Air Traffic Control (Executive Function) | NSPCC - YouTube Building Strong Brain Architecture | NSPCC - YouTube Sign up for brain-building tips

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NSPCC

Resources for schools/teachers available on NSPCC websites

Schools/teachers resources	NSPCC website link
Speak out Stay safe programme	https://learning.nspcc.org.uk/services/speak-out-stay-safe
Keeping Children Safe online Visit our online safety webpage for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more. You will also find online safety information for families of children who have additional needs and disabilities. We have worked with Ambitious about Autism and parents and carers who have children who have additional needs and disabilities to create activities to help talk about online safety.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/ Online safety for families and children with SEND How to support children with SEND with talking to people online Supporting online wellbeing for children with SEND Included in the above pages are links to activities to help talk about online safety with this specific audience.
Keeping Children Safe Online blog Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.	www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog
Keeping Children Safe Online workshop A virtual workshop providing parents and carers with information about how to support their child in their online world. The 40-minute pre-recorded presentation covers topics such as online bullying, mental health, and social media, as well as signposting to resources and organisations for help and support.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/
Talk PANTS Talk PANTS from the NSPCC is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but important message that can help children understand what abuse is and how to speak out about it. Penguin and Ladybird have partnered with the NSPCC to create a Pantosaurus book aimed at children aged 4 - 8.	You can find out more and download the free resources at https://learning.nspcc.org.uk/research-resources/schools/pants-teaching. You can find copies of the book on sale at https://shop.nspcc.org.uk/ or in Matalan's selected stores. All profits from the sale of this book will support the NSPCC.
Children who have SEND/ASN/ALN Visit our SEND/ASN/ALN webpage where we have brought together all of our SEND/ASN/ALN resources, information and guidance, to help you support and protect children and young people who have additional needs and disabilities and to help prevent abuse and neglect.	https://learning.nspcc.org.uk/safeguarding-child-protection/children-who-have-send-asn-aln
Let children know you're listening	https://learning.nspcc.org.uk/research-resources/2019/let-children-know-you-re-listening

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Helping adults respond to children disclosing abuse. We've created evidence-informed resources to help adults ensure children always feel listened to.	
(un)comfortable conversations - A guide to support Muslim families A guide co-produced by NSPCC and Approachable Parenting to support Muslim families to help keep children safe by making uncomfortable conversations feel comfortable.	https://learning.nspcc.org.uk/research-resources/leaflets/uncomfortable-conversations
Childline Childline has a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. The Childline website has an accessibility tool too, you can find out about it by clicking on the accessibility link in the Get Support menu. Children can use it to: • Read the website out to them • Change the text size and font • Change webpages to just text only • Add a mask or ruler to help them focus on just part of the page • Magnify parts of the webpage • Translate the website in to over 120 languages	www.childline.org.uk/kids
Talk Relationships Talk Relationships is our new service that supports secondary schools to confidently deliver inclusive relationships and sexuality education (RSE).	https://learning.nspcc.org.uk/services/talk-relationships
Harmful Sexual Behaviour Find information, tools and resources to support around Harmful Sexual Behaviour (HSB) and Problematic Sexual Behaviour.	https://learning.nspcc.org.uk/child-abuse-and-neglect/harmful-sexual-behaviour
Building Connections Building Connections is an online service for young people up to the age of 19, empowering them to find a way through loneliness. Young people work with a trained befriender, who guides them and champions them each step of the way. Building Connections gives young people tools that can help them build their confidence and better equip them to manage loneliness.	https://learning.nspcc.org.uk/services/building-connections
Safeguarding d/Deaf and disabled children and young people	http://www.nspcc.org.uk/disabled
Teaching resources	https://learning.nspcc.org.uk/safeguarding-child-protection-schools/teaching-resources-lesson-plans/

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Safeguarding in Education Self-Assessment Tool (ESAT)	https://learning.nspcc.org.uk/research-resources/schools/safeguarding-education-self-assessment-tool-esat/
Keeping up to date	
CASPAR Our current awareness newsletter for child protection practice, policy and research delivers free weekly email alerts to keep you up to date with all the latest safeguarding and child protection news including any changing legislation and guidance for all four nations of the UK. Sign up to CASPAR.	https://learning.nspcc.org.uk/newsletter/caspar/
Monthly Safeguarding in Education Updates email	https://learning.nspcc.org.uk/newsletter/safeguarding-in-education-update/
Briefings and factsheets on key topics	https://learning.nspcc.org.uk/research-resources/
Training and consultancy	
Safeguarding and child protection training courses	https://learning.nspcc.org.uk/training/schools-safeguarding-courses/
Safeguarding and child protection consultancy	https://learning.nspcc.org.uk/services/child-protection-consultancy
Designated and lead officer training	https://learning.nspcc.org.uk/training/designated-lead-courses/

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