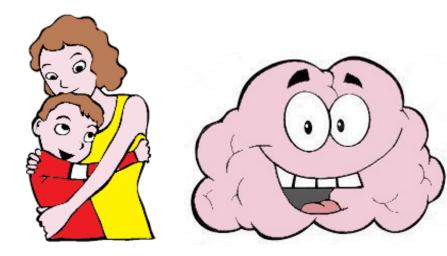
## Relationships Matter



An event for ALL parents and carers.

Come along for a cup of tea and a biscuit and to learn about the positive impact a hug, a cuddle, or a coorie in can have on the brain. Little one's welcome.

All attendees will receive a free snuggle in blanket for winter movies and story-telling.

Wednesday 16<sup>th</sup> November 9.30am-11.00am at Gate 55, 55 Sighthill Road, Edinburgh, EH11 4PB.

Contact <u>a.herkes@withkids.org.uk</u> or <u>andrena.graham@ea.edin.sch.uk</u> for more information





Blankets courtesy of Edinburgh Wellbeing Pact: Coorie in for Winter